# Co-administration of Colchicine and Allopurinol alleviates vascular calcification induced by hyperuricemia via suppressing inflammation and oxidative stress

### Туре

Research paper

### Keywords

gout, inflammation, Oxidative stress, colchicine, vascular smooth muscle cells, allopurinol, vascular calcification

### Abstract

#### Introduction

Oxidative stress and inflammation are involved in the pathogenesis of VC in patients with hyperuricemia, while lowering the uric acid level accordingly reduces the risk of VC. Additionally, both ALL and COL suppress inflammatory response and oxidative stress. However, it is unclear whether novel therapeutic strategies, such as combined administration of COL and ALL, can achieve a better performance in lowering hyperuricemia. Therefore, we aimed to investigate the effect of co-administration of COL and ALL in the treatment of VC.

### Material and methods

Von Kossa staining was performed to evaluate the aortic vascular calcification in HUC rats treated under different therapeutic conditions. Quantitative real-time PCR was carried out to analyze the expression of genes involved in the pathogenesis of hyperuricemia.

### Results

Combined administration of COL and ALL alleviated the aortic vascular calcification in HUC rats. The aberrant up-regulation of genes related to differentiation, BMP2, RUNX2, OC and ALP, was effectively reversed by the combined treatment of COL and ALL in HUC rats and cellular models. Besides, the dysregulation of enzymes and cytokines involved in oxidative and inflammatory responses was restored by the combined treatment of COL and ALL.

### Conclusions

In this study, we tested the therapeutic effect of ALL combined with COL on the treatment of VC in animals with hyperuricemia by examining their influence on oxidative stress and inflammation. Our work helped to gain a deeper insight into the molecular mechanism of hyperuricemia, and revealed that the efficiency of the combined treatment with COL and ALL out-performed the mono-therapy of any single compound.

- 1 Co-administration of Colchicine and Allopurinol alleviates vascular calcification induced
- 2 by hyperuricemia via suppressing inflammation and oxidative stress
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- 22 Abstract
- 23 Background: Oxidative stress and inflammation are involved in the pathogenesis of VC in
- 24 patients with hyperuricemia, while lowering the uric acid level accordingly reduces the risk of VC.
- 25 Additionally, both ALL and COL suppress inflammatory response and oxidative stress. However,

it is unclear whether novel therapeutic strategies, such as combined administration of COL and 26 27 ALL, can achieve a better performance in lowering hyperuricemia. Therefore, we aimed to 28 investigate the effect of co-administration of COL and ALL in the treatment of VC. Methods: Von Kossa staining was performed to evaluate the aortic vascular calcification in HUC rats treated 29 30 under different therapeutic conditions. Quantitative real-time PCR was carried out to analyze the expression of genes involved in the pathogenesis of hyperuricemia. Results: Combined 31 32 administration of COL and ALL alleviated the aortic vascular calcification in HUC rats. The aberrant up-regulation of genes related to differentiation, BMP2, RUNX2, OC and ALP, was 33 effectively reversed by the combined treatment of COL and ALL in HUC rats and cellular models. 34 Besides, the dysregulation of enzymes and cytokines involved in oxidative and inflammatory 35 responses was restored by the combined treatment of COL and ALL. Conclusion: In this study, 36 we tested the therapeutic effect of ALL combined with COL on the treatment of VC in animals 37 with hyperuricemia by examining their influence on oxidative stress and inflammation. Our work 38 helped to gain a deeper insight into the molecular mechanism of hyperuricemia, and revealed that 39 40 the efficiency of the combined treatment with COL and ALL out-performed the mono-therapy of 41 any single compound.

42 **Running title:** Colchicine and allopurinol affect vascular calcification

- Key words: GOUT; Allopurinol; Colchicine; Vascular calcification; Vascular smooth muscle
  cells; Oxidative stress; Inflammation
- 45 Abbreviations list:
- 46 VC: vascular calcification
- 47 ALL: allopurinol
- 48 COL: colchicine;
- 49 HUC: hyperuricemia;
- 50 VSMC: vascular smooth muscle cell.
- 51 Introduction

As an increasingly common chronic disorder of urate crystal deposition, gout specifically affects 52 joints, although it can also affect tissues including ligaments, which is more prevalent in men than 53 women prior to menopause [1]. Medical diagnosis of gout is based upon medical symptoms, such 54 as the presentation of MSU crystals in the SF or peri-articular deposition [2], while the overarching 55 principle of gout management is to reduce serum urate levels to 0.36 mmol/L or below depending 56 on whether it is tophaceous or non-tophaceous respectively [1]. Meanwhile, hyperuricemia (HUC) 57 refers to an unusual state where the uric acid level in the serum is greater than 7.0 mg/dL [3, 4]. 58 HUC is also the basis of gout as well as a hazard factor in various other medical conditions (e.g., 59 severe and persistent kidney conditions, diabetes, as well as metabolic disorders) [5, 6]. Uric acid 60 can also induce the phenotypic changes in kidney tubular cells [7]. HUC induced by chemicals is 61 also related to decreased kidney functions mostly because of improved OS, systemic as well as 62 glomerular high blood pressure, vascular damages, as well as glomerular hypertrophy [8, 9]. Uric 63 acid may also cause OS via other molecular signaling, including systemic inflammation, which 64 plays an essential role in CKD [10]. Zhou and his colleagues discovered that the induction of HUC 65 is accompanied with the entry of macrophages as well as T cells into the kidney, along with the 66 67 activation of NF-kB, TNF-a, and MCP-1 [11]. Considering that inflammation causes the generation of ROS, uric acid could trigger OS with its pro-inflammatory activity [12]. Similarly, 68 69 an additional research revealed that the direct exposure of human endothelial cells to uric acid is accompanied with upregulated inflammation as well as the rise in C-reactive protein (CRP) level. 70

As a first line treatment for urate lowering therapy in the management of gout, allopurinol is swiftly metabolized to oxypurinol, which in turn decreases the level of urate [13, 14]. Regardless of its extensive usage over 40 years, many patients treated by allopurinol still fail to achieve long-term management of gout, thus raising controversial comments about optimal allopurinol dosing in gout patients with chronic kidney disease [14, 15]. Issues regarding unfavorable effects of allopurinol, specifically the allopurinol hypersensitivity, led some medical professionals to restrict the dosing of allopurinol in gout patients with impaired kidney function [15].

Colchicine is an all-natural compound separated from lily plants [16]. As a lipid soluble compound that has been used for more than 1000 years, colchicine is approved by the United States FDA in the therapy of intense gout pain as well as joint inflammation caused by gout [16-19]. Colchicine could block polymerization of tubulin in gout, which prevents the activation of the inflammasome [19]. Colchicine has actually been shown to impair cytoskeleton structures as it binds to the
heterodimers of tubulin to generate a steady aggregate, leading to the depolymerization of
microtubules [20].

It has been reported that oxidative stress and inflammation are involved in the pathogenesis of VC in subjects with hyperuricemia, such as those diagnosed with gout, while uric acid lowering treatment accordingly reduces the risk of VC [21-23]. Also, both ALL and COL are reported to suppress the inflammatory response and oxidative stress in acute liver failure or familial mediterranean fever [24, 25]. In this study, by studying the influence of ALL and COL on oxidative stress and inflammation, we aimed to investigate the effect of co-administration of ALL and COL in the treatment of VC in animals with hyperuricemia.

### 92 Materials and Methods

### 93 Animal and treatment

In this research, 30 SD male rats at an age of 6 weeks old were acquired and placed in a specific-94 pathogen-free (SPF) animal center, which was set to a temperature level of 23 °C and a humidity 95 96 level of 60%. The animals were adjusted to the animal center for 7 days, throughout which the animals were provided a regular rodent diet, before they were divided into 5 groups, i.e., 1. SHAM 97 group (N=6); 2. HUC group (N=6); 3. HUC + COL group (N=6); 4. HUC + ALL group (N=6); 98 99 and 5. HUC + ALL + COL group (N=6). To establish the HUC rat model, the rats were provided with a standard chow supplemented with 2% of potassium oxonate. In the HUC + ALL group, the 100 101 HUC rats were given an ALL treatment at a dose of 100 mg/kg by oral intubation after the HUC model was established. In the HUC + COL group, the HUC rats were given a COL treatment at a 102 dose of 1 mg/kg via i.p. injection after the HUC model was established. In the HUC + ALL + COL 103 104 group, the HUC rats were administrated of 100 mg/kg of ALL by oral intubation and 1 mg/kg of COL by i.p. injection after the HUC model was established. Throughout the entire experiment, the 105 106 rats were given unrestricted drinking water access. From the day when the HUC model was established, the levels of UA as well as creatinine in the serum were assayed daily by utilizing 107 108 blood specimens collected under fasting. In the 16th week after the HUC model was established, 109 all rats were sacrificed to harvest their femurs for succeeding evaluations. In addition, Von Kossa staining was done to examine aortic vascular calcification in HUC rats treated under various 110 conditions. Institutional ethical committee has approved the protocol of this study. 111

### 112 RNA isolation and real-time PCR

In this study, the expression of BMP2, RUNX2, OC, ALP, and TLR2 mRNA was measured using 113 real time PCR. In brief, RNA was separated from collected tissue and cell samples by utilizing a 114 Trizol agent (Invitrogen, Carlsbad, CA) in accordance to the procedure provided by the kit supplier. 115 116 In the next step, extracted RNA was diluted in water containing RNase-free DNase (Promega, Madison, WI) while the quality of extracted RNA was inspected by gel electrophoresis. Then, the 117 extracted RNA was converted to cDNA by utilizing a PrimeScript RT reagent kit (Takara, Otsu, 118 Shiga, Japan) in accordance to the procedure provided by the kit supplier. In the next step, roughly 119 120 50 ng of RNA in each specimen was loaded onto a StepOnePlus Real Time PCR machine (Applied 121 Biosystems, Foster City, CA) to carry out real time PCR using a SYBR Premix Ex Taq II assay kit (Takara, Otsu, Shiga, Japan) in accordance to the procedure provided by the kit supplier. Finally, 122

123	the	relative	expression	of	BMP2	mR	RNA	(Forward	Primer:	5'-
124	TGTA	TCGCAGG	CACTCAGGT	CA-3';		Reve	erse	Prime	er:	5'-
125	CCAC	CTCGTTTCT	GGTAGTTCT	TC-3';),	, RUI	NX2	mRNA	(Forward	Primer:	5'-
126	CCCAGTATGAGAGTAGGTGTCC-3'; Reverse Primer:								er:	5'-
127	GGG7	ГAAGACTG	GTCATAGGA	CC-3'),	OC	mI	RNA	(Forward	Primer:	5'-
128	CGCT	CACCTGTA	<b>FCAATGGCT</b>	GG-3';		Reve	erse	Primer:		5'-
129	CTCC	CTGAAAGC	CGATGTGGT	CA-3'),	ALI	P m	RNA	(Forward	Primer:	5'-
130	GCTC	GTAAGGAC	ATCGCCTAC	CA-3';		Reverse		Primer:		5'-
131	CCTG	GCTTTCTC	CGTCACTCTC	A-3'),	and	TLR2	mRNA	A (Forward	l Primer:	5'-
132	CTTC	ACTCAGG	AGCAGCAAG	CA-3';		Reve	erse	Primer:		5'-

133 ACACCAGTGCTGTCCTGTGACA-3') was calculated by using the  $2 -\Delta\Delta$ Ct formula [26].

134 Isolation and Cell Culture of Primary VSMCs

VSMCs were collected from thoracic aorta of 8 week old male SD rats by utilizing a tissue digestion approach. In brief, the rats were euthanized by using 80 mg/kg of ketamine and 10 mg/kg of xylazine given via intraperitoneal injection. In the next step, the aorta in each rat was open to meticulously remove the adventitia was a pair of forceps. The aorta was sliced open longitudinally while the endothelial tissues were carefully removed by using a scalpel. Finally, the aorta was made into 1 mm<sup>2</sup> squares and digested with 0.25% of trypsin for 10 minutes at 37 °C. Then, the

- 141 tissue sections were cultured at 37 °C in a DMEM containing 20% of FBS. VSMCs were later
- 142 purified from the cultured cells by using immunocytochemistry staining.

### 143 Cell culture and transfection

When the VSMCs reached logarithmic growth, they were divided into the following 5 groups: 1. 144 NC group; 2. MSU group; 3. MSU + COL group; 4. MSU + ALL group; and 5. MSU + ALL + 145 COL group. In the MSU group, the cells were incubated with MSU crystals at a 5 mg/dL 146 147 concentration (Sigma Aldrich, St Louis, MO) for 48 h MSU to induce the generation of pro-148 inflammatory cytokines. In the MSU + COL group, the cells were incubated with 20 ng/ml of colchicine after they were incubated with 5 mg/dL of MSU to induce the generation of pro-149 150 inflammatory cytokines. In the MSU + ALL group, the cells were incubated with 5  $\mu$ mol/L of 151 ALLO after they were incubated with 5 mg/dL of MSU to induce the generation of pro-152 inflammatory cytokines. In the MSU + ALL + COL group, the cells were incubated with both 5 µmol/L of ALLO and 20 ng/ml of colchicine after they were incubated with 5 mg/dL of MSU. The 153 154 incubation of ALLO and colchicine lasted another 48 h after the 48 h incubation with MSU. All cells were collected at the end of experiment for succeeding assays. 155

### 156 ELISA

The contents of TBARS, Catalase, TURF, GPx, MDA, IL-1b, IL-6, and TNF in collected rat
samples were evaluated by using commercial ELISA assay kit (R&D Equipments, Minneapolis,
MN) in accordance to the procedure provided by the kit supplier. The reading of ELISA plates was
carried out by utilizing a microplate reader (ELX800, Bio-Tek, Winooski, VT).

### 161 Statistical analysis

Statistical analyses were done by utilizing SAS version 3.2 as well as R version 3.0.2. One-way
ANOVA was utilized to calculate inter group differences, which were deemed statistical
significant if the P value was less than 0.05.

165 **Results** 

Combined administration of ALL and COL suppressed the aortic vascular calcification in
 HUC rats.

A hyperuricemia rat model was established as described. As shown in Fig.1A, Von Kossa staining 168 169 was performed to evaluate aortic vascular calcification in HUC rats treated under different 170 conditions. Accordingly, quantitative analysis (Fig.1B) indicated that the aortic vascular calcification in HUC rats was remarkably increased, while the treatment with Allopurinol (ALL) 171 172 or Colchicine (COL) alone considerably reduced the level of aortic vascular calcification in HUC rats. Furthermore, the curative effect of the combination therapy of ALL+COL was superior and 173 174 the aortic vascular calcification in HUC rats was almost reduced to a level resembling that in the 175 SHAM control. In conclusion, the combined administration of ALL and COL outperformed monotherapies of ALL and COL in terms of alleviating aortic vascular calcification in HUC rats. 176

# 177 Combined administration of ALL and COL maintained the expression of BMP2, RUNX2, 178 OC and ALP in HUC rats.

179 BMP2, RUNX2, OC and ALP are involved in the pathogenesis of HUC. Quantitative real-time PCR was performed here to analyze the expression of BMP2 (Fig.2A), RUNX2 (Fig.2B), OC 180 (Fig.2C) and ALP (Fig.2D) mRNA in HUC rats treated under different conditions. The expression 181 of BMP2, RUNX2, OC and ALP mRNA was dramatically elevated in HUC rats when compared 182 with that in the SHAM control. Mono-therapy with COL or ALL could reduce the expression of 183 BMP2, RUNX2, OC and ALP mRNA in HUC rat to a certain extent, and the combined 184 administration of ALL and COL more dramatically abolished the up-regulation of BMP2, RUNX2, 185 OC and ALP mRNA level to the mRNA level in the SHAM controls. 186

# 187 Combination therapy of ALL and COL restored the dysregulation of oxidative response in 188 HUC rats.

In order to further explore the therapeutic effect of COL and ALL treatment on HUC rats, ELISA 189 190 was carried out to evaluate the expression of several catalytic enzymes closely correlated to the oxidative stress in HUC. The expression of TBARS and MDA was notably increased in HUC rats, 191 192 whereas the expression of Catalase, SOD and GPx was obviously inhibited in HUC rats. Treatment with COL or ALL alone reversed the expression of TBARS (Fig.3A), Catalase (Fig.3B), SOD 193 194 (Fig.3C), GPx (Fig.3D) and MDA (Fig.3E) in HUC rats significantly, while the combined 195 treatment with COL and ALL obstructed the up-regulation of the above-mentioned genes, which were reversed to the similar levels in SHAM controls. 196

# 197 Combination therapy of ALL and COL restored de-regulated inflammatory response in 198 HUC rats.

199 Inflammatory cytokines which are involved in the severity of HUC, including IL-1b (Fig.4A), IL-

200 6 (Fig.4B), TNF (Fig.4C) and TLR2 mRNA (Fig.4D) was dramatically up-regulated in HUC rats

when compared with that in the SHAM control. COL and ALL mono-therapies could alleviate the

expression of IL-1b, IL-6 and TNF to a certain degree. However, when COL and ALL were
administrated in a combined manner, the expression of IL-1b, IL-6, TNF and TLR2 mRNA was

similar to that in the SHAM control.

# Combined treatment with ALL and COL maintained the expression of BMP2, RUNX2, OC and ALP in VSMCs stimulated by MSU.

207 A HUC cellular model was established by treating VSMCs with MSU. Further treatments with

208 COL or ALL alone, or in a combined manner significantly up-regulated the expression of BMP2

209 (Fig.5A), RUNX2 (Fig.5B), OC (Fig.5C) and ALP (Fig.5D) mRNA in VSMCs. Treatment with

210 COL or ALL alone decreased the expression of BMP2, RUNX2, OC and ALP mRNA to a certain

extent, but the combined treatment with COL and ALL almost reduced the expression of BMP2,

212 RUNX2, OC and ALP mRNA to a normal level.

# Combined treatment with ALL and COL inhibited oxidative and inflammatory responses in VSMCs stimulated by MSU.

Furthermore, we evaluated the expression of oxidative enzymes and inflammatory cytokines in VSMCs treated under different conditions. MSU treatment dysregulated oxidative enzymes and inflammatory cytokines in VSMCs. Both COL and ALL treatments along showed considerable capability to maintain the levels of oxidative enzymes and inflammatory cytokines in VSMCs. Similar to the results obtained from the rat model, combined treatment of COL and ALL restored the levels of above oxidative enzymes (Fig.6) and inflammatory cytokines (Fig.7) to the normal level.

# 222 Discussion

When modulating signals are disturbed in gout, the phenotypic change caused by dysregulation will promote VSMCs to start abnormal differentiation into cells with various other mesenchymal 225 functions, including adipocytes, chondrocytes as well as osteoblasts. Additionally, proof shows 226 that these abnormal phenotypic shifts promote the pathogenesis of vascular illness, including 227 atherosclerosis as well as Monckeberg's Sclerosis [27]. Without a doubt, the 228 chondrocytic/osteocytic transition of VSMCs in vascular calcification may explain why abnormal 229 differentiation could affect healthy conditions. HUC was reported to reduce the differentiation as well as expansion of osteoblasts, which might clarify the reasons for raised danger of osteopenia 230 231 in patients with gout [28]. Surprisingly, HUC was additionally shown to enhance the differentiation of VSMCs and consequently help the progression of vascular calcification [29]. On 232 the other hand, ALL has actually been extensively used in the therapy of gout by enhancing 233 234 osteoblast differentiation via regulating the oxidative stress status [30]. Hydrogen peroxide was revealed to influence the MAPK signaling, offering a molecular mechanism linking the 235 differentiation of VSMCs, oxidative stress, and arterial mineralization and COL has been found to 236 regulate oxidative stress [31]. In this study, we established a HUC rat model and performed Von 237 Kossa staining to analyze the severity of aortic vascular calcification in HUC rats treated under 238 different conditions. The combined administration of COL and ALL effectively inhibited aortic 239 240 vascular calcification in HUC rats. As both ALL and COL has been reported to suppress the development of VC previously [30, 31] while the data of present study showed a synergistical 241 242 inhibitory effect of VC in HUC animal model.

Allopurinol (ALL) is an inhibitor of xanthine oxidase and serves as an unrestricted radical 243 244 scavenger along with its role in minimizing the level of uric acid in the serum. Although typically used for treating gout, allopurinol was actually been shown to alleviate high blood pressure. Some 245 246 random controlled studies in populations with hyperuricemia and hypertension showed that 247 allopurinol results in a better outcome [32, 33]. In people with chronic cardiac failure (CHF), a raised level of oxidative stress was actually linked to a poor prognosis [34, 35]. In addition, XO 248 249 acts to play an essential pathophysiological role in cardiac arrest via the xanthineoxidase signaling [36, 37]. Allopurinol was also shown to alleviate endothelial cell disorders, improve heart 250 functions, minimize LV values, strength the stability of coronary micro-vasculature 99 as well as 251 reduce death [38-41]. In this study, we performed qPCR to evaluate the expression of HUC-related 252 253 genes in HUC rats and cellular models treated under differential conditions. The dysregulation of BMP2, RUNX2, OC and ALP mRNA was almost fully restored by the combined treatment of 254 COL and ALL. It was revealed that the therapy with ALL can lower the level of blood sugar as 255

well as the induction of ROS. As a result, allopurinol can reduce inflammation as well as steatosis,
which is a sign of NAFLD. Lately, allopurinol is shown to subdue the activation of hemozoininduced NLRP3 inflammasomes, causing the reduction in hepatic inflammation [42]. Remarkably,
it was verified that HUC could subdue the differentiation as well as the growth of osteoblasts both
in vitro and in vivo. Furthermore, ALLO therapy could play a healing role in vascular calcification
by minimizing the adverse impact of HUC while enhancing the differentiation as well as expansion
of osteoblasts.

Colchicine (COL) acts as a type of microtubule inhibitors and is typically used to suppress or 263 prevent inflammation in diseases such as pericarditis and gout [43]. One mechanism of action 264 through which colchicine plays its anti-inflammatory role is by hindering the generation of NOD-265 266 like receptor protein 3 (NLRP3) inflammasomes [44]. A retrospective research recommended that amongst individuals with gout, long-lasting therapy of colchicine might provide advantages in 267 268 controlling the glycemic disorders [45, 46]. Nevertheless, up to now, no RCT has actually 269 examined the long lasting effects of colchicine on the metabolic rate of sugars in grownups with 270 weight issues [47]. A previous research revealed that Colchicine acts as a special antiinflammatory reagent with adequate capacities to modify plaque structures [48]. Furthermore, a 271 272 deficiency in VC specific inhibitors is believed to enhance the progression of VC. Insufficient activation of MatrixGLA protein, a powerful VC inhibitor requiring Vitamin K dependent 273 274 carboxylation, might additionally add to the anti-inflammatory strength of Colchicine by inhibiting the polymerization of microtubules and the interruption of cytoskeleton [49]. Similarly, Colchicine 275 276 exerts immunomodulatory effects by especially blocking the activation of NLRP3 inflammasomes while downregulating the activity of cytokines with pro-inflammatory effects [50]. Finally, 277 278 colchicine can bind irreversibly to the dimers of tubulin to prevent the formation of microtubule assemblies [51]. On top of that, COL administration is related to The regulation of free radicals 279 280 and oxidative stress status [52]. In this study, we carried out ELISA to analyze the expression of 281 enzymes and cytokines related to oxidative and inflammatory responses. The combined treatment with COL and ALL was capable of maintaining the normal levels of enzymes and cytokines 282 283 involved in oxidative and inflammatory responses in HUC rats and cellular models. Bothe COL and ALL are first line therapeutic agents in the treatment of GOUT and VC is an important 284 complication of VC. The data from this study as well as previous study has identified the 285 suppressive effect of ALL and COL on the development of VC but neither of them could 286

completely abolish the VC. The findings of this study found that combination of ALL and COL

- showed a synergistical therapeutic effect on the development of VC induced by HUC which shed
- a light on the clinical application of both of the medicines to prevent the development of VC in the
- subjects diagnosed with GOUT.

## 291 Conclusion

In summary, the findings of this study demonstrated that oxidative stress and inflammation were involved in the pathogenesis of VC. Furthermore, both ALL and COL suppressed inflammatory responses and oxidative stress. In this study, we tested the therapeutic effect of ALL combined with COL in the treatment of VC in animals with hyperuricemia by studying their influence on oxidative stress and inflammation.

### 297 **Conflict of interest**

298 None

### 299 Author contributions

YJ, MJW, LBS, BJC and QZ performed the majority of the laboratory work, statistics and data
analysis and participated in writing. WD, SLC and LBS were involved in writing. All authors
conceived and designed the experiments and drafted the manuscript.

### **303 Data availability statement**

The data sets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

### **Figure legends**

### 307 Fig.1

308 The increase in a ortic vascular calcification in HUC rats was abolished by the combined treatment

- 309 with COL and ALL (#: P value less than 0.05 compared with SHAM group; \*: P value less than
- 310 0.05 compared with HUC group; \*\*: P value less than 0.05 compared with HUC+COL group).
- A: Von Kossa staining of aortic vascular calcification in the rat model groups;

B: Quantitative analysis showed that the promoted aortic vascular calcification in HUC rats wasabolished by the combined treatment with COL and ALL.

314 Fig.2

The abnormally up-regulated BMP2, RUNX2, OC and ALP mRNA in HUC rats was restored to a normal level by the combined treatment with COL and ALL (#: P value less than 0.05 compared with SHAM group; \*: P value less than 0.05 compared with HUC group; \*\*: P value less than 0.05

318 compared with HUC+COL group).

A: The aberrant increase of BMP2 mRNA expression in HUC rats was reduced by administration

of COL or ALL, while the co-administration of COL and ALL more progressively obstructed the

321 up-regulation in BMP2 mRNA expression.

B: The aberrant elevation of RUNX2 mRNA expression in HUC rats was reduced by
administration of COL or ALL, while the co-administration of COL and ALL more progressively
obstructed the up-regulation in RUNX2 mRNA expression.

325 C: The aberrant elevation of OC mRNA expression in HUC rats was reduced by administration of

326 COL or ALL, while the co-administration of COL and ALL more progressively obstructed the up-

327 regulation in OC mRNA expression.

328 D: The aberrant elevation of ALP mRNA expression in HUC rats was reduced by administration

of COL or ALL, while the co-administration of COL and ALL more progressively obstructed the

330 up-regulation in ALP mRNA expression.

331 Fig.3

Combined administration with COL and ALL maintained the normal levels of enzymes involved
in oxidative response (#: P value less than 0.05 compared with SHAM group; \*: P value less than

334 0.05 compared with HUC group; \*\*: P value less than 0.05 compared with HUC+COL group).

A: Combined administration with COL and ALL reduced the elevation in TBARS expression inHUC rats.

B: Combined administration with COL and ALL maintained the normal level of Catalase in HUCrats.

339 C: Combined administration with COL and ALL maintained the normal level of SOD in HUC rats.

340 D: Combined administration with COL and ALL maintained the normal level of GPx in HUC rats.

E: Combined administration with COL and ALL reduced the elevation in MDA expression in HUCrats.

343 Fig.4

Combined administration with COL and ALL maintained the normal levels of cytokines and TLR2

mRNA involved in the inflammatory response in HUC rats (#: P value less than 0.05 compared

with SHAM group; \*: P value less than 0.05 compared with HUC group; \*\*: P value less than 0.05

347 compared with HUC+COL group).

A: Combined administration with COL and ALL suppressed the level of IL-1b in HUC rats .

B: Combined administration with COL and ALL suppressed the level of IL-6 in HUC rats.

350 C: Combined administration with COL and ALL suppressed the level of TNF in HUC rats.

D: Combined administration with COL and ALL suppressed the level of TLR2 mRNA in HUCrats.

353 Fig.5

The abnormal up-regulation of BMP2, RUNX2, OC and ALP mRNA in MSU-stimulated VSMCs was restored by the combined treatment with COL and ALL (#: P value less than 0.05 compared with NC group; \*: P value less than 0.05 compared with MSU group; \*\*: P value less than 0.05 compared with MSU+COL group).

A: The aberrant increase of BMP2 mRNA expression in MSU-stimulated VSMCs was
progressively diminished by COL, ALL and COL+ALL.

B: The aberrant elevation of RUNX2 mRNA expression in MSU-stimulated VSMCs wasprogressively declined by COL, ALL and COL+ALL.

362 C: The aberrant up-regulation of OC mRNA expression in MSU-stimulated VSMCs was363 progressively decreased by COL, ALL and COL+ALL.

D: The aberrant overexpression of ALP mRNA expression in MSU-stimulated VSMCs was
 progressively reduced by COL, ALL and COL+ALL.

366 Fig.6

Combined treatment with COL and ALL maintained the normal levels of enzymes involved in
oxidative response in MSU-stimulated VSMCs (#: P value less than 0.05 compared with NC group;
\*: P value less than 0.05 compared with MSU group; \*\*: P value less than 0.05 compared with

370 MSU+COL group).

A: Combined treatment with COL and ALL reduced the expression of TBARS in MSU-stimulatedVSMCs.

B: Combined treatment with COL and ALL maintained the normal level of Catalase in MSU-stimulated VSMCs.

375 C: Combined treatment with COL and ALL maintained the normal level of SOD in MSU-376 stimulated VSMCs.

377 D: Combined treatment with COL and ALL maintained the normal level of GPx in MSU-378 stimulated VSMCs.

E: Combined treatment with COL and ALL reduced the level of MDA in MSU-stimulated VSMCs.

380 Fig.7

Combined treatment with COL and ALL maintained the levels of cytokines involved ininflammatory responses in MSU-stimulated VSMCs.

A: Combined treatment with COL and ALL suppressed the level of IL-1b in MSU-stimulatedVSMCs.

B: Combined treatment with COL and ALL suppressed the level of IL-6 in MSU-stimulatedVSMCs.

C: Combined treatment with COL and ALL suppressed the level of TNF in MSU-stimulatedVSMCs.

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The increase in aortic vascular calcification in HUC rats was abolished by the combined treatment with COL and ALL (#: P value less than 0.05 compared with SHAM group; \*: P value less than 0.05 compared with HUC group; \*\*: P value less than 0.05 compared with HUC+COL group).

A: Von Kossa staining of aortic vascular calcification in the rat model groups;

B: Quantitative analysis showed that the promoted aortic vascular calcification in HUC rats was abolished by the combined treatment with COL and ALL.



The abnormally up-regulated BMP2, RUNX2, OC and ALP mRNA in HUC rats was restored to a normal level by the combined treatment with COL and ALL (#: P value less than 0.05 compared with SHAM group; \*: P value less than 0.05 compared with HUC group; \*\*: P value less than 0.05 compared with HUC+COL group).

A: The aberrant increase of BMP2 mRNA expression in HUC rats was progressively reduced by COL, ALL and COL+ALL.

B: The aberrant elevation of RUNX2 mRNA expression in HUC rats was progressively reduced by COL, ALL and COL+ALL.

C: The aberrant up-regulation of OC mRNA expression in HUC rats was progressively reduced by COL, ALL and COL+ALL.

D: The aberrant overexpression of ALP mRNA expression in HUC rats was progressively reduced by COL, ALL and COL+ALL.



Combined administration with COL and ALL maintained the normal levels of enzymes involved in oxidative response (#: P value less than 0.05 compared with SHAM group; \*: P value less than 0.05 compared with HUC group; \*\*: P value less than 0.05 compared with HUC+COL group).

A: Combined administration with COL and ALL reduced the elevation in TBARS expression in HUC rats.

B: Combined administration with COL and ALL maintained the normal level of Catalase in HUC rats.

C: Combined administration with COL and ALL maintained the normal level of SOD in HUC rats.

D: Combined administration with COL and ALL maintained the normal level of GPx in HUC rats.

E: Combined administration with COL and ALL reduced the elevation in MDA expression in HUC rats.



Combined administration with COL and ALL maintained the normal levels of cytokines and TLR2 mRNA involved in the inflammatory response in HUC rats (#: P value less than 0.05 compared with SHAM group; \*: P value less than 0.05 compared with HUC group; \*\*: P value less than 0.05 compared with HUC+COL group).

A: Combined administration with COL and ALL suppressed the level of IL-1b in HUC rats .

B: Combined administration with COL and ALL suppressed the level of IL-6 in HUC rats.

C: Combined administration with COL and ALL suppressed the level of TNF in HUC rats.

D: Combined administration with COL and ALL suppressed the level of TLR2 mRNA in

HUC rats.



The abnormal up-regulation of BMP2, RUNX2, OC and ALP mRNA in MSU-stimulated VSMCs was restored by the combined treatment with COL and ALL (#: P value less than 0.05 compared with NC group; \*: P value less than 0.05 compared with MSU group; \*\*: P value less than 0.05 compared with MSU+COL group).

A: The aberrant increase of BMP2 mRNA expression in MSU-stimulated VSMCs was progressively diminished by COL, ALL and COL+ALL.

B: The aberrant elevation of RUNX2 mRNA expression in MSU-stimulated VSMCs was progressively declined by COL, ALL and COL+ALL.

C: The aberrant up-regulation of OC mRNA expression in MSU-stimulated VSMCs was progressively decreased by COL, ALL and COL+ALL.

D: The aberrant overexpression of ALP mRNA expression in MSU-stimulated VSMCs was

progressively reduced by COL, ALL and COL+ALL.



Combined treatment with COL and ALL maintained the normal levels of enzymes involved in oxidative response in MSU-stimulated VSMCs (#: P value less than 0.05 compared with NC group; \*: P value less than 0.05 compared with MSU group; \*\*: P value less than 0.05 compared with MSU

A: Combined treatment with COL and ALL reduced the expression of TBARS in MSUstimulated VSMCs.

B: Combined treatment with COL and ALL maintained the normal level of Catalase in MSUstimulated VSMCs.

C: Combined treatment with COL and ALL maintained the normal level of SOD in MSUstimulated VSMCs.

D: Combined treatment with COL and ALL maintained the normal level of GPx in MSUstimulated VSMCs.

E: Combined treatment with COL and ALL reduced the level of MDA in MSU-stimulated VSMCs.



Combined treatment with COL and ALL maintained the levels of cytokines involved in inflammatory responses in MSU-stimulated VSMCs.

A: Combined treatment with COL and ALL suppressed the level of IL-1b in MSU-stimulated VSMCs.

B: Combined treatment with COL and ALL suppressed the level of IL-6 in MSU-stimulated VSMCs.

C: Combined treatment with COL and ALL suppressed the level of TNF in MSU-stimulated VSMCs.